

# The Nightingale Challenge Leadership Series

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Health Care Authority

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**Today's Guest Speaker**

**Kristi Henderson, DNP**

Senior Vice President of  
Innovation & Telehealth,  
OptumHealth



# Telehealth: What it Means for Nurses?

*How nurses use telehealth to provide care for patients and themselves; revolutionizing caring for a global workforce virtually*



## Drivers of Change



- Financial Pressures
- Consumers
- New entrants
- New Technology /Capabilities
- Policy & Regulatory changes
- Reimbursement
- COVID-19

# Nurses & Telehealth

*Clinical Care, Research,  
Publications & Innovation*

- All settings
- All nursing roles
- All specialties
- All age groups
- All populations served
- Micro and Macro level uses

Experience

Intelligence

Impact





## Highlights

- Schools
- Public Health
- eICU
- Case Mgt and Disease Management
- Wellness/Coaching
- Specialty Care
- Group health education
- Preceptorship/Mentoring
- Special Use Cases: SANE, Human trafficking victims
- Nursing Homes

# Technology Advances

- Engagement tools
- Synchronous and asynchronous visits
- Connected devices
- Remote monitoring
  - Wearables, ingestables, implantables, dissolvables
- Ambient monitoring
  - Smart homes, smart clothes, smart...
- Healthcare logistics
  - Delivery of health products, RX, DME, etc
- Uberization of workforce
- Augmented intelligence

*Better, Faster, Cheaper*





A nurse with dark hair, wearing a blue scrubs top, is shown in profile from the chest up. She is holding a tablet computer with both hands and looking at the screen. The background is a blurred hospital room with medical equipment and a desk. A semi-transparent white box on the right side of the image contains a bulleted list of benefits. A blue banner at the bottom left contains the title text.

## Benefits for Nurses as Patients

- Connected care team
- Second pair of eyes for monitoring
- Closer contact with patients
- Orientation
- High risk, low frequency procedures
- Nurses are patients too

# Nurses Leadership Summit

One-day, educational event where emerging midwife and nurse leaders come together to learn from transformational nurse, healthcare, and community leaders.

## Topics to be Addressed

- Advocacy
- Community Engagement
- Cross-Sectoral Partnerships
- Equity
- Global Perspectives
- Public Health

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It's About Washington's Health  
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**THANK YOU!**



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